



The Guvati J. Kapoor Medical Relief Charitable Foundation supports programs in education, healthcare and social services with the intent to improve and sustain the standard of living and quality of life of all people with a focus on women and children.

Guidance Provided

2215

Beneficiaries

1260



Maatrutva Program

The Program educates pregnant women from underserved communities about health care during pregnancy thereby encouraging them to inculcate health seeking behaviour in them for safe deliveries



24 Pregnant women from underserved communities were registered this month to provide telephonic informative sessions



127 Sessions were conducted with registered women informing them about pre-natal care



21% Women registered were in their first Trimester



1021 Follow-Up calls were made because of which **430** ANC visits were made possible

Outcome Assessment

We follow up with our beneficiaries on regular intervals to understand the outcome of services



99% Women have given colostrum to their new born baby



98% of the new born babies have been at or over 2.5 kgs which is considered to be healthy in infants



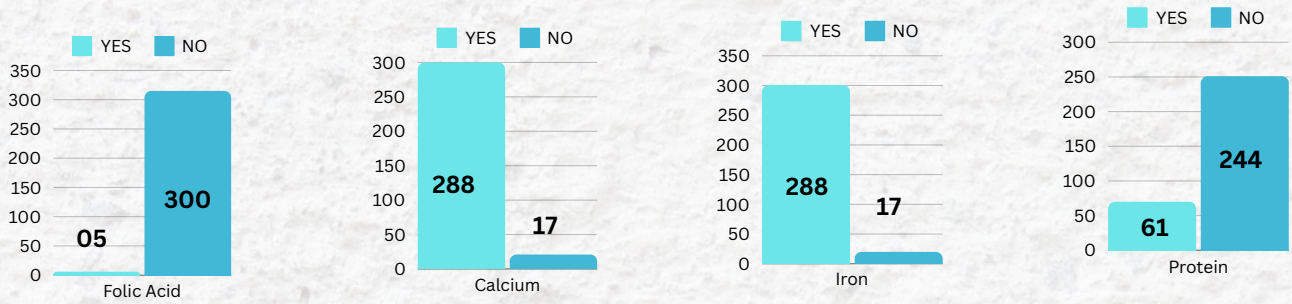
99% Women have been feeding their new born in every 2 hours



1% Women in the community have started using contraceptives post delivery

Assessment of Supplements Received from the Government

Follow up with registered pregnant women about the status of supplements received during the course of their pregnancy. The below data is out of **305** calls made this month

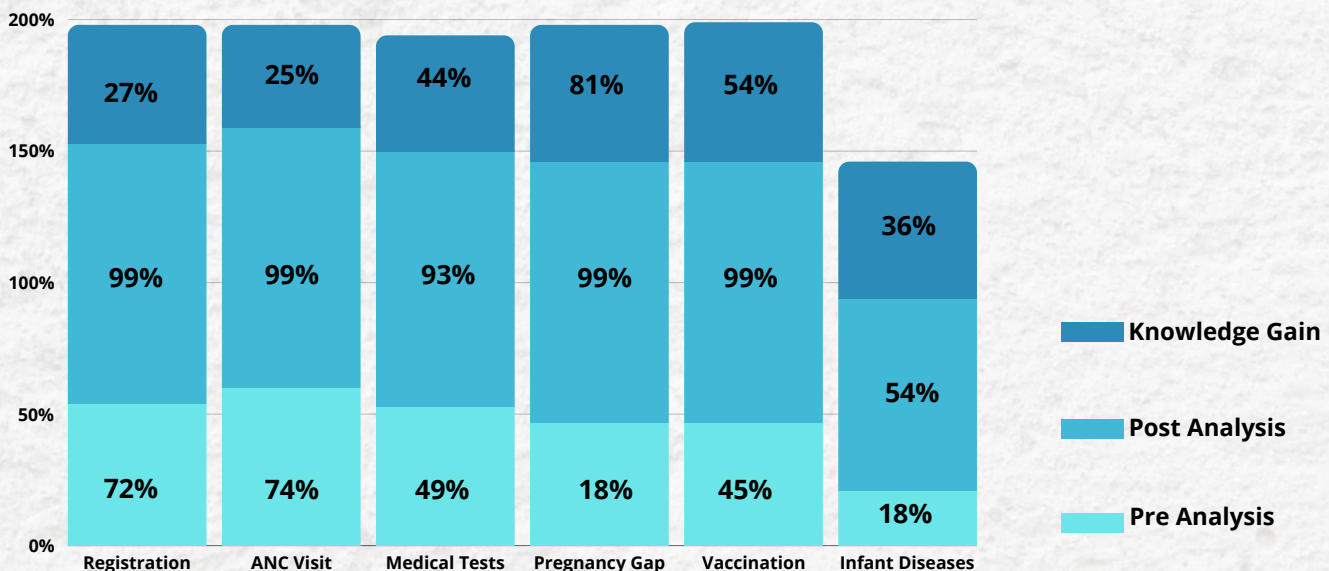


HB Level Analysis of women

Follow up with registered women to understand the iron deficiency status amongst **305** women

Control Group (Hb>10.1 gm/100 ml)	Mild Anemia (HB=8.1-10 gm/100 ml)	Moderate Anemia (HB=6.5-8 gm/100 ml)	Severe Anemia (Hb<6.5 gm/100 ml)
31%	33%	6%	-

Knowledge Assessment



Events

The Foundation celebrated 'Mother's Day' this month in the community.

- Special session with pregnant women from the community on anemia
- The event was organised by the Foundation in association with Deep Jyoti Foundation
- The session was conducted by Deepa - Nutritionist on 'How to Cope with Anemia while Pregnant'
- 35 women attended the session



- (Aai) IPI season 2 was successfully conducted in the community
- The objective of the event is to celebrate mothers and pamper them
- This is an annual event of the Foundation on the occasion of 'Mother's Day'
- 135 women from the community attended the event





Patient Guidance Program

The Program helps cancer patients access the resources they need while undergoing treatment with the aim of increasing survivorship by decreasing treatment abandonment rates



1194 Cancer patients were guided for various essential services



16 Patients and caregivers were provided with an extended accommodation facility at Dr. Ernest Borges Memorial Home, Bandra

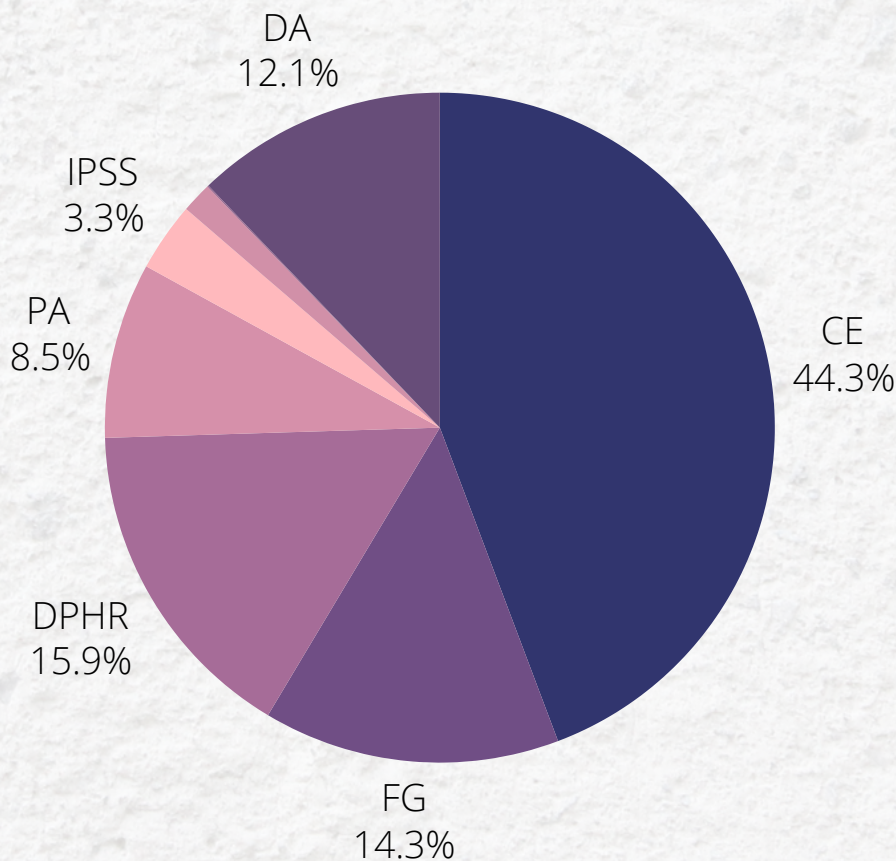


11932 Services were provided to patients in need



421 Voluntary Donations were made possible by making **572** calls

Total Services



Expert Session

01

Session

Speaker: Ms. Prachi Acharekar

42

Participants

Adopting positive lifestyle changes and functional food for improved cancer recovery and prevention

Topic

Support Group Meeting

- Patients Support Group Meet was coordinated by the Foundation in association with Tata Memorial Hospital with the 'Bone and Soft Tissue' department on 30th May
- The patients were informed about surgical treatment and its management
- Information was also provided on the services provided by the MSW Department, particularly with respect to finance, accommodation and education
- 67 patients and caregivers attended the meet



Partnership with Tech Mahindra

- The Foundation has started a collaborative initiative with the Tec Mahindra Foundation to empower cancer patients and caregivers. Through this initiative, Tech Mahindra provides various courses and job placements to the needy patients and caregivers

26

Cancer
patients/Caregivers
Screened

11

Cancer
patients/Caregivers
Placed

Note: The placements have been done in the education module

Story of Sarita Baski

32-year-old Sarita Baski, a devoted wife and mother to two young daughters, found herself facing an unforeseen challenge when she discovered a lump in her breast. Despite the absence of pain or symptoms, Sarita decided to seek medical advice. The local doctor initially diagnosed it as a common tumour that could be removed through surgery. However, further tests revealed a harsh reality - Sarita was battling breast cancer. The devastating news shook the foundation of their family. Tears flowed freely as they grappled with the harsh truth. Sarita's husband, Mr. Premlal, overwhelmed by fear and uncertainty, felt a sense of helplessness. "A sudden darkness clouded my vision. I had no idea how to navigate this. How could I care for my young daughters in the face of such a crisis?" he lamented. With heavy hearts and after consulting with medical professionals, the family made the arduous journey to Tata Memorial Hospital in Mumbai, sacrificing all they had. Selling their possessions, including their bike, gold ornaments, and domestic animals, they pooled together every penny to afford the trip and medical expenses in the unfamiliar city.



As the days turned into weeks and their funds dwindled, Premlal was forced to send their daughters to live with relatives due to financial constraints. During one of their visits to the hospital, a chance encounter with the compassionate staff of GJK Foundation brought a ray of sunshine into their lives. Providing guidance on cancer education and emotional support, the foundation stood by the struggling family. As the financial strain peaked, and the couple found themselves on the brink of despair, they confided in the GJK Foundation. Premlal poured his heart out, "I sold everything we owned to come here, but now we struggle to afford even our basic needs. We are torn between spending on food or shelter."

Moved by their plight, the GJK Foundation extended a helping hand in the form of accommodation assistance, offering the couple a shelter for three months. Grateful for the respite, Sarita expressed her gratitude, "I'm thankful to the GJK Foundation for providing us with a roof over our heads. This stay has been a lifeline amidst our trials. Not only did they offer accommodation but also ration aid and unwavering emotional support."

Today, Sarita continues her battle against cancer with resilience and courage, supported by her loving family and the unwavering kindness of the GJK Foundation. Embracing each day with hope and gratitude, she embodies the strength within her that transcends the darkest of times.



GUNVATI JAGAN NATH
KAPOOR FOUNDATION

DONATIONS



You may help us to reach more number of patients and women in need from the underserved areas



Donation of **79,58,694** rupees has been received till date which helped **7,175** cancer patients and caregivers with accommodation during the course of their treatment



Donation of **22,80,979** rupees has been received till date for helping **445** on treatment cancer patients as emergency funding



Donation worth **12,45,765** rupees has been received till date which helped us distribute **2,133** ration and nutrition kits to cancer patients and pregnant women from underserved areas



**You may donate to us by
using the QR code**

All donations made through cheque/NEFT/RTGS/UPI are eligible for 50% tax rebate under section 80G of Income Tax Act and receive 10BE certificate, subject to realisation and receipt of all donor details (Name, PAN card, Contact details and Address) necessary to claim the rebate