



GUNVATI JAGAN NATH  
KAPOOR FOUNDATION



# Annual Report

## 2022 - 2023

Registered as  
Gunvati J. Kapoor Medical Relief Charitable Foundation

# Trustee's Note

*While India marked its 75 years of independence, the foundation marked over two decades of work in the health and education sector impacting 5 lakh beneficiaries with understanding, gratitude and integrity. It was a year after the world's survival from Covid, a year to reinvent ourselves, try new things, being grateful to our supporters, our stakeholders and our team, and pushing the boundaries.*

*The year for us started with transition from the old to the new and the mantle was passed to make way for a new young dynamic trustee Mr. Shiv Arora who was not only passionate about our vision but had volunteered and worked with us on ground in our programs. With renewed focus on community maternal health care, community wide cancer awareness, early screening and treatment completion for cancer patients we reestablished and strengthened our bond with our stakeholders and beneficiaries. We adopted the learnings during the pandemic and continued with our expert sessions once a month on the digital portal. Our paper discussing psychosocial aspects of cancer patients was in top 10 citations and highly acknowledged. New initiative of screening for breast cancer for community based intervention was undertaken. Cancer awareness talks were initiated in our Amritsar location to spread awareness of early detection for women cancers. Community based capacity building programs were also initiated in the urban slums. We partnered with corporate donor to start a new nutrition drive for better maternal health. Our team the strength and backbone of our foundation, enthusiastically and with immense dedication from the frontlines recreated a circle of giving and serving. The excellence in their work and ability to serve with compassion and gratitude led us all to excel.*

*With immense gratitude, I would like to thank each and everyone, from our donors, our trustees, our staff, our volunteers and our silent supporters for their unwavering support and continued investment in our foundation to create lasting impact and change in the lives of many people. With more gratitude and determination we will continue our pledge to guide and work in collaboration with individuals to bring a new wave of change and being impactful in the lives of the people.*

# Our Achievements 2022-2023



**26,576**

Lives were guided in the form of one-to-one guidance, personal sessions and group talks



**95,871**

Services were provided to on-treatment cancer patients, pregnant women from underserved areas



**41,501**

Interactions were made possible with our beneficiaries to understand the outcome of our services

Guidance is the core of our Foundation

- > Guide on-treatment cancer patients to complete their treatment
- > Pre and post natal care sessions with pregnant women
- > Special health talks with women on early detection and prevention of common cancers in women

Providing our services to the needy is an integral part of our Foundation. We render our services for those in need to make a considerable change in their lives

Our team regularly interacts with beneficiaries in the form of follow-up calls to deliver better services and understand the outcome of our services

**4,47,319**

Lives have been reached till date.

**2,20,200**

Households have benefitted with our services till date..



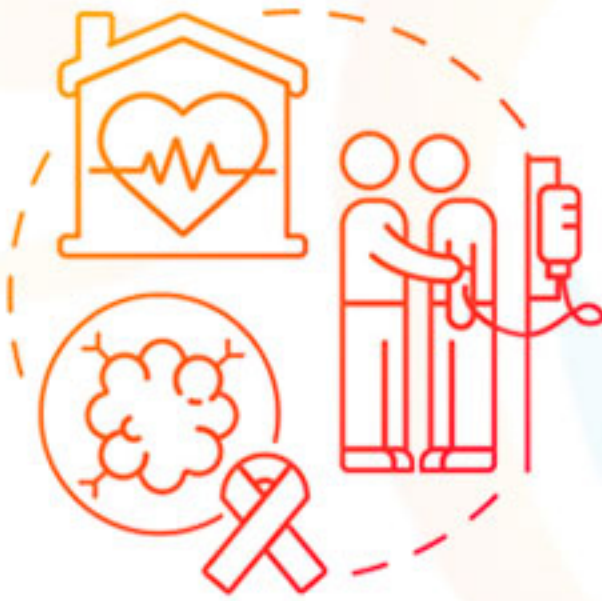
## **Patient Guidance Program**

Helps cancer patients access the resources they need while undergoing treatment with the aim of increasing survivorship by decreasing treatment abandonment rates



## **Maatrutva**

Educates pregnant women from underserved communities about health care during pregnancy thereby encouraging them to inculcate health seeking behaviour in them for safe deliveries



## **Cancer Prevention & Early Detection Program**

Helps women make informed choices about their health by encouraging breast, cervical and oral cancer prevention and it's early detection in women



## **Education Assistance**

The foundation distributes stationary kits to students from BMC school of Mumbai, helping them with the daily necessities of school life

# Patient Guidance Program

## Educating and Empowering Cancer Patients

The Foundation's Patient Guidance Coordinators provide patients with critical services so they can access the resources they need while undergoing treatment. Our goal is to increase patient survivorship by decreasing treatment abandonment rates in Maharashtra and Punjab.



**21,544**

**Patients Reached**



**33,500**

**Total Interactions**



**92,030**

**Services Provided**



**31,680**

**Man Hours**



**62%** Patients sustained treatment due to timely intervention provided



Accommodation funding of **1,59,880** rupees which benefitted **204** patients and caregivers



Ration worth **1,49,500** rupees was given to **408** patients and caregivers



Emergency funding of **4,22,454** rupees which benefitted **85** patients



Save a Life Initiative  
**4,736** Voluntary donations were made possible  
**97%** Donations were voluntary



Online sessions for patients and caregivers  
**19** Sessions **724** Participants

## Better Health & Safe Deliveries of Pregnant Women

The program aims to educate pregnant women from low socio-economic backgrounds about health care during pregnancy and thus encouraging health-seeking behaviour in them for safe deliveries. Special efforts are made by our coordinators to encourage women to register themselves in the hospital within their first trimester.



**733**

Women Served



**2,371**

Sessions



**7,745**

Calls



**3,355** Ante Natal visits were made possible due to constant follow-ups with women



**322** Tetanus Toxoid shots were taken by women registered with us



**8,189** Medical tests were done due to our timely and constant follow ups with women



**20%** Women registered with us were in their first trimester



**6%** Increase in registration of women from first trimester compared to last year



**13%** Increase in hospital registration of women compared to last year



**10%** Increase in hospital registration of women in their first trimester from last year through our intervention



## Informed Health Choices to Women

The program aims to spread cancer awareness and educate women from underserved areas about the importance of early detection of most common cancers in women like breast cancer, cervical cancer and oral cancer. The awareness sessions not only help women gain knowledge about the common cancers in women but also motivate and empower them to make informed choices about their health.



**30** Talks conducted



**2,829** Women reached through awareness sessions



**14** Camps conducted



**1,470** Women screened in the camp



**5%** Cases were detected and guided for further diagnostic investigation





Special staff team cooks for the whole office as a team building exercise



Special stakeholders meet with the doctors of Thoracic, Urology and Head & Neck cancer



Attended 'Affordable Cancer Care in India Conference' in Delhi



Breastfeeding week was celebrated with women from the underserved communities



Annual General Meeting of the Foundation



Presentation of our work at the 20th annual conference of 'Women's Cancer Initiative'





Celebration of first 'Breast Cancer Awareness Month with ACTREC - Kharghar'



Distribution of 1000 stationary kits to students from the community



Special interview with Dr. Shripad Banavali - Director Academics at Tata Memorial Centre



Distribution of special 'Nutrition Kits' to pregnant women from underserved areas



Attended the 8th 'India CSR Summit' in Delhi

# Testimonials

*"The sessions taken by the Foundation has proven very beneficial to me, it helped me become healthy and informed me about taking care of myself during pregnancy."*

**- Surekha Yadav, Pregnant Woman, Maatrutva Program**

*"We exhausted all the money towards the initial phase of the treatment as Mumbai proved very expensive for accommodation. The Foundation helped us initiating the treatment and also helping us with the documentation for the cost certificate. The treatment would not have been smooth without the help of the Foundation."*

**- Ruksana, Cancer Patient, Patient Guidance Program**

*"When we came to Mumbai for my husband's treatment, we found it difficult to stay as every person was unknown for us. In the initial days we somehow managed to stay in a guesthouse with our savings, but later the estimate cost of treatment and other essentials made us homeless. The accommodation aid provided by the GJK Foundation was a blessing for us as it gave us a new home with a extended family."*

**-Prakash Kadam, Cancer Patient, Patient Guidance Program**

*"When we think of cancer, we think it is the end of life. I am glad I attended the talk as it gave me so much clarity that cancer is just like another disease which can be treated. Every woman should know the early signs and symptoms of cancer"*

**- Lata Mishra, Participant, Cancer Prevention & Early Detection Program**

*"I came all the way to Mumbai for my treatment as I was diagnosed with breast cancer. My husband accompanied with me in my treatment journey to Mumbai. It has been 8 months that we are renting a place to live, it has also been very difficult to spend our money on food, rent and also diagnosis, sometimes we didn't have money for the next chemo cycle. But then I received the financial aid through GJK Foundation in zero hour. The fund received was very helpful and we could continue my chemotherapy."*

**- Anita Behara, Cancer Patient, Patient Guidance Program**

# Support Us



Rs. **3100** for monthly low-cost accommodation funding for a cancer patient



Rs. **5000** Financial Aid for emergency fund



Rs. **5000** Cancer Awareness Talk for 100 women



Rs. **1000** for monthly nutrition kit to one pregnant woman from the community



Rs. **1000** for monthly ration of one cancer patient



Rs. **200** for a stationary kit to a needy student



You can donate via [www.gjkapoor.org/Donation/Donation/](http://www.gjkapoor.org/Donation/Donation/) or cheque

\* Cheques supporting our work should be drawn in favour of  
Gunvati J Kapoor Medical Relief Charitable Foundation, 7A,  
Barodawala Mansion, 81, Dr. Annie Besant Road, Worli, Mumbai 400018

\* All donations made are eligible for tax exemption under Section 80G  
of the Income Tax Act, 1961.

For further inquiries about donation you can email at [ganesh@gjkapoor.org](mailto:ganesh@gjkapoor.org)

## FINANCIAL INFORMATION FOR THE YEAR ENDED 31ST MARCH 2023

Particulars	Value Rupees, In Lakhs (31st March 2023)
<b>INCOME</b>	
By Interest	
On Saving Bank Accounts, Fixed Deposits & IT refund	6.76
By Donations In Cash or Kind	24.49
By Grants	170.29
By Surplus on Sale Of Fixed Assets	0.04
By Fees for Cancer Awareness Talks	0.02
<b>TOTAL INCOME</b>	<b>201.60</b>
<b>EXPENDITURE</b>	
To Establishment Expenses	36.25
To Auditor Remuneration	0.73
To Depreciation	10.17
To Expenditure On Objects Of The Trust	
(a) Education	2.50
(b) Medical Relief	136.88
By Surplus Carried Over To Balance Sheet	15.08
<b>TOTAL EXPENDITURE</b>	<b>201.60</b>

## FINANCIAL INFORMATION AS ON 31ST MARCH 2023

Particulars	Value Rupees, In Lakhs (As On 31st March 2023)	
<b>SOURCES OF FUNDS</b>		
<b>Corpus Funds</b>		
Corpus Fund Of The Trust		0.27
<b>Other Earmarked Funds</b>		
Depreciation Fund	1.86	
General Reserve Fund	12.64	
Immovable/Movable Property Fund	218.68	233.18
<b>Liabilities</b>		
For Expenses		2.49
<b>Income And Expenditure Account</b>		
Balance As Per Last Balance Sheet	114.21	
<b>Add :- Surplus</b> for the year	15.08	129.29
<b>TOTAL SOURCES OF FUNDS</b>		<b>365.22</b>
<b>APPLICATION OF FUNDS</b>		
<b>Fixed Assets</b>		273.71
<b>Investment</b>		
Fixed Deposits in Bank		45.37
<b>Current Assets</b>		
Loan And Advances		1.68
Receivable		2.38
Cash and Bank Balances		42.08
<b>TOTAL APPLICATION OF FUNDS</b>		<b>365.22</b>



# Contact Us

## Gunvati Jagan Nath Kapoor Foundation



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